

FLAME RETARDANT CRIB 7 WEIGHTED PRODUCTS: Weighted Blanket and Weighted Lap Pad

SKU: CRB7 / MCR7/ LPCR7

We recommend consultation with an Occupational Therapist (OT) or suitably qualified person prior to use.

WARNINGS:



Not suitable for children under 3 years



Do not use in a cot



Adult supervision required



Do not cover head or face



Do not use as a restraint



Use one weighted product at a time

Important:

- Compliant with BS 7175:1989 Section 3, Ignition source 7 (Crib 7).
- For **Weighted Blanket** - Recommended not to exceed 10% of user's bodyweight (unless advised by an OT).
- Introduce the Weighted Blanket/Lap Pad to the user as advised by an OT.
- Always ensure the user can independently remove the Weighted Blanket/Lap Pad Wrap.
- Remove the Weighted Blanket/Lap Pad at the first signs of discomfort or distress.
- Check before use, discontinue using if showing signs of wear and tear.
- Do not alter, adapt or wash outside of the care instructions as this may affect the Lifetime Workmanship Guarantee.

PRODUCT OUTER	PRODUCT FILLING
100% Cotton	Carbon Steel Beads
Care Instructions	
Machine washable 60°C. Use a synthetic wash and low spin cycle. Do not boil. Do not use soap-based products or fabric softeners. Only use detergents. Do not use bleach. Air dry flat. Do not tumble dry or iron. Alternatively, can be washed at 75°.	
Ensure the product is dried thoroughly to prevent damage to the product filling.	
Check the weight capacity of your washing machine prior to washing.	

Good to know:

Weighted Blankets

Standard:

- Dimensions – (L) 138cm x (W) 106cm.
- Weights available – 2.5kg – 7kg.

Midi:

- Dimensions – (L) 110cm x (W) 90cm.
- Weights available – 2kg – 4kg.

Weighted Lap Pads

- Dimensions – (L) 60cm x (W) 30cm.
- Weight – 1kg.
- Recommended age 5-10 years.

- Dimensions – (L) 66cm x (W) 51cm.
- Weight – 2kg.
- Recommended for older children, teens and adults.

Good for:



Calming and Relaxing.
Reducing the need
for repetitive sensory
seeking



Improving state of
wellbeing.
Enabling self-regulation



Improving concentration,
focus & attention.
Improving body
awareness



Safe and non-invasive
therapeutic solution

How to use:

- Plan how you will introduce the Weighted Blanket/Lap Pad to the user.
- **Weighted Blanket** - As a guide, the Weighted Blanket should be initially used for 20-40 minutes at a time and then removed for the same period before it is used again. (Consult with an OT for individual guidance).
- We recommend that you place the Weighted Blanket on the top of the user's bedding and initially stay with the user to ensure they are comfortable and content with the deep pressure they will be experiencing.
- **Lap Pad** – As a guide, the Weighted Lap Pad Wrap should be used for 20-40 minutes at a time and then removed for the same period before it is used again. (Consult with an OT for individual guidance).
- Initially we recommend short periods (10-15 minutes) building up the length of use and the occasions you choose to use the Weighted Lap Pad.
- Ensure the user is consistently comfortable and content with the deep pressure they experience.

Ideal for:

Weighted Blanket



Bedtime Routine



Chill-Out Time



Home or Residential
Setting

Lap Pad



Education or
Home Study



Dining



Chill-Out Time



Home or Residential
Setting



Work or
Home Office



Travelling



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www.sensorydirect.com