

# Information for Use

## Balance Pods – Set of 6

SKU: BAP06STO

Please read the Information for Use carefully and retain for future reference.

### WARNINGS:



Adult supervision required



Contains small parts - choking hazard

### Important:

- The area used for playing should be clear of any obstacles and obstructions to ensure safe play.

### Good to know:

- Dimensions – Diameter: 16.2cm; Height: 9cm.
- Made from PVC – Free from BPA, phthalates, latex and rubber.

### Care Instructions:

- Clean with warm water and neutral soap.
- Do not use brushes, sponges or chemicals as this may damage the surface.

### Fun things to do with Balance Pods:

- **Obstacle Course** – Combine Balance Pods with pillows, ropes or lines on the floor for varied challenges like heel-to-toe walking or single leg hops.
- **Catch and balance** – Stand on the Balance Pod (or two) and gently throw a ball back and forth or try catching bubbles.
- **Freeze dance** – Play music and have children freeze in a squat or pose on a Balance Pod when the music stops.
- **Balance beam challenge** – Create a line with your Balance Pods and have children walk heel-to-toe focusing on a target.
- **The floor is lava** – Use the Balance Pods as stepping stones to avoid the floor – you can use a timer to make it more challenging.
- **Yoga and Stretches** – Stand on the Balance Pods and practice a tree pose or simply stretches.



Made in Taiwan

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