

WIPE CLEAN WEIGHTED PRODUCTS: Weighted Blanket, Weighted Lap Pad, Weighted Shoulder Wrap

SKU: FRB / MWBFRB / LPFR

We recommend consultation with an Occupational Therapist (OT) or suitably qualified person prior to use.

WARNINGS:



Not suitable for children under 3 years



Do not use in a cot



Adult supervision required



Do not cover head or face



Do not use as a restraint



Use one weighted product at a time

Important:

- For **Weighted Blanket** - Recommended not to exceed 10% of user's bodyweight (unless advised by an OT).
- Introduce the Weighted Blanket/Lap Pad/Shoulder Wrap to the user as advised by an OT.
- Always ensure the user can independently remove the Weighted Blanket/Lap Pad/Shoulder Wrap.
- Remove the Weighted Blanket/Lap Pad/Shoulder Wrap at the first signs of discomfort or distress.
- Check before use, discontinue using if showing signs of wear and tear.
- Material fire retardant to BS 5852 Part 1. Machine washing the products may affect the efficacy of the fire retardant properties.
- Do not alter, adapt or wash outside of the care instructions as this may affect the Lifetime Workmanship Guarantee.

PRODUCT OUTER	PRODUCT FILLING
100% Polyester	Polyethylene HDPE Beads
<p style="text-align: center;">Care Instructions</p> <p>We recommend cleaning with a damp cloth. Alternatively, machine wash at 30°C. Use a gentle wash and low spin cycle. Do not use fabric softener or bleach. Air dry flat. Do not tumble or iron. Do not place on heaters or radiators.</p> <p style="text-align: center;">Check the weight capacity of your washing machine prior to washing.</p> <p>Please note machine washing the products may affect the efficacy of the fire retardant properties.</p>	

Good to know:

Weighted Blankets

Standard:

- Dimensions – (L) 138cm x (W) 106cm.
- Weights available – 2.5kg – 7kg.

Midi:

- Dimensions – (L) 110cm x (W) 90cm.
- Weights available – 2kg – 4kg.

Weighted Lap Pads

- Dimensions – (L) 60cm x (W) 30cm.
- Weight – 1kg.
- Recommended age 5-10 years.
- Dimensions – (L) 66cm x (W) 51cm.
- Weight – 2kg.
- Recommended for older children, teens, and adults.

Weighted Shoulder Wraps

- Dimensions – (L) 100cm x (W) 21cm.
- Weight – 800kg - Recommended age 5-10 years.
- Weight – 1.2kg – Recommended for older children, teens, and adults.

Good for:



Calming and Relaxing.
Reducing the need for repetitive sensory seeking



Improving state of wellbeing.
Enabling self-regulation



Improving concentration, focus & attention.
Improving body awareness



Safe and non-invasive therapeutic solution

How to use:

- Plan how you will introduce the Weighted Blanket/Lap Pad/Shoulder Wrap to the user.
- **Weighted Blanket** - As a guide, the Weighted Blanket should be initially used for 20-40 minutes at a time and then removed for the same period before it is used again. (Consult with an OT for individual guidance).
- We recommend that you place the Weighted Blanket on the top of the user's bedding and initially stay with the user to ensure they are comfortable and content with the deep pressure they will be experiencing.
- **Lap Pad and Shoulder Wrap** – As a guide, the Weighted Lap Pad/Shoulder Wrap should be used for 20-40 minutes at a time and then removed for the same period before it is used again. (Consult with an OT for individual guidance). Initially we recommend short periods (10-15 minutes) building up the length of use and the occasions you choose to use the Weighted Lap Pad/Shoulder Wrap. Ensure the user is consistently comfortable and content with the deep pressure they experience.

Ideal for:

Weighted Blanket



Bedtime Routine



Chill-Out Time



Home or Residential Setting

Lap Pad and Shoulder Wrap



Education or Home Study



Dining



Chill-Out Time



Home or Residential Setting



Work or Home Office



Travelling



Manufactured by Sensory Direct (UK) Ltd

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