

Information for Use



Comfort Weighted Headband

SKU: HEADCOMF

WARNINGS:



Keep away
from fire



Adult
supervision
required



Do not use
when exercising



Do not
use while
sleeping



Do not
microwave

Important:

- Suitable for age 5+
- Always ensure the wearer can independently remove the Comfort Weighted Headband.
- Remove the Comfort Weighted Headband at the first signs of discomfort or distress.
- The Comfort Weighted Headband is not designed to be worn when exercising (e.g. running, jumping etc).
- Wearing the Comfort Weighted Headband for prolonged periods may cause the wearer to get too hot. Regularly check the wearer for signs of discomfort.
- Check before use, discontinue using if showing signs of wear and tear.
- Do not alter, adapt or wash outside of the care instructions.

PRODUCT OUTER	PRODUCT INNER	PRODUCT FILLING
100% Polyester Fleece	65% Polyester / 35% Cotton	Polyethylene HDPE Beads
Care Instructions Machine washable 30°C. Use a gentle wash and low spin cycle. Do not use fabric softener or bleach. Air dry flat. Do not tumble dry or iron. Do not place on heaters or radiators. Alternatively steam clean on a low setting. Please ensure the Velcro hook and loop sides are fastened together before washing. We recommend using a mesh laundry bag.		

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Good to know:

- Dimensions - (L) 70cm x (W) 6cm / (W) 10.5cm
- Weight - 160g

Good for:



Calming and Relaxing.
Reducing the need
for repetitive sensory
seeking



Improving state of
wellbeing.
Enabling self-regulation



Safe and non-invasive
therapeutic solution

How to use:

- The Comfort Weighted Headband is specifically designed to be worn when seated or lying down (although not sleeping).
- Place the Comfort Weighted Headband across the forehead. Adjust to fit using the Velcro fastening to allow the wearer to apply the right amount of pressure across the forehead and temples.
- As a guide, the Comfort Weighted Headband should be worn for periods of around 20-40 minutes at a time and then removed for a least the same period before using again.

Ideal for:



Chill-Out Time



Home or Residential
Setting



Travelling



Manufactured by Sensory Direct (UK) Ltd

Unit 65c, Blackpole Trading Estate West, Worcester, WR3 8TJ, UK.

www.sensorydirect.com