

Information for Use

Weighted Shoulder Wraps



SKU: LPP / SWP

We recommend consultation with an Occupational Therapist (OT) or suitably qualified person prior to use.

WARNINGS:



Keep away from fire



Not suitable for children under 3 years



Adult supervision required



Do not cover head or face



Do not use as a restraint



Use one weighted product at a time

Important:

- Introduce the Weighted Shoulder Wrap to the user as advised by an OT.
- Always ensure the user can independently remove the Weighted Shoulder Wrap.
- Remove the Weighted Shoulder Wrap at the first signs of discomfort or distress.
- Check before use, discontinue using if showing signs of wear and tear.
- Do not remove the care label. This ensures you can refer to the weight in the future.
- Do not compromise the integrity of the Weighted Shoulder Wrap by altering, adapting or washing outside of the care instructions. This will negate the Lifetime Workmanship Guarantee.

POLYCOTTON	FLEECE / POLYCOTTON	MINKY DIMPLE FLEECE / POLYCOTTON
65% Polyester / 35% Cotton Outer 65% Polyester / 35% Cotton Inner Filled with Polyethylene Resin HDPE beads*	100% Polyester Fleece / 65% Polyester / 35% Cotton Outer 65% Polyester / 35% Cotton Inner Filled with Polyethylene Resin HDPE beads*	100% Polyester Minky Dimple Fleece / 65% Polyester / 35% Cotton Outer 65% Polyester / 35% Cotton Inner Filled with Polyethylene Resin HDPE beads*
Care Instructions Machine washable 30°C. Use a gentle wash and low spin cycle. Do not use fabric softener or bleach. Air dry flat. Do not tumble dry or iron. Do not place on heaters or radiators. Alternatively steam clean on a low setting or wipe clean with a damp cloth.		

*1.2kg Weighted Shoulder Wraps are filled with 50% Polyethylene Resin HDPE beads and 50% High Grade Rust Free Steel beads.

Good to know:

- 800g weight - recommended for children aged 5 - 11.
- 1.2kg weight - recommended for older children, teens and adults.
- Dimensions - (L) 100cm x (W) 21cm.

Good for:



Calming and Relaxing.
Reducing the need
for repetitive sensory
seeking



Improving state of
wellbeing.
Enabling self-regulation



Improving concentration,
focus & attention.
Improving body
awareness



Safe and non-invasive
therapeutic solution

How to Use:

- The Weighted Shoulder Wrap is designed to be draped across shoulders whilst seated.
- Plan how you will introduce the Weighted Shoulder Wrap to the user. As a guide, the Weighted Shoulder Wrap should be used for approximately 20-40 minutes at a time and then removed for the same period before it is used again. (Consult with an OT for individual guidance).
- Initially we recommend short periods (10-15 minutes) building up the length of use and the occasions you choose to use the Weighted Shoulder Wrap.
- Ensure that the user is consistently comfortable and content with the deep pressure they experience.

Ideal for:



Education or
Home Study



Dining



Chill-Out Time



Home or
Residential Setting



Work or
Home Office



Travelling



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