

# Information for Use

## Weighted Lap Pals and Snakes



SKU: TUR / CRAB / LPS

### WARNINGS:



Keep away from fire



Contains small parts - Choking hazard



Adult supervision required



Do not use while sleeping



Do not microwave



This is not a toy



Use one weighted product at a time

### Important:

- Recommended age 5+.
- Always ensure the user can independently remove the Weighted Lap Pal or Snake.
- Remove the Weighted Lap Pal or Snake at the first signs of discomfort or distress.
- Check before use, discontinue using if showing signs of wear and tear.
- Do not remove the care label. This ensures you can refer to the weight in the future.
- Do not compromise the integrity of the Weighted Lap Pal or Snake by altering, adapting or washing outside of the care instructions. This will negate the Lifetime Workmanship Guarantee.

WEIGHTED LAP PALS	WEIGHTED TACTILE SNAKE	WEIGHTED SENSORY SNAKE
100% Polyester Minky Dimple Fleece / 100% Polyester Fleece / 100% Cotton Corduroy Outer   65% Polyester / 35% Cotton Inner   Filled with Polyester staple fibre and Polyethylene HDPE beads	100% Polyester Fleece / 100% Cotton Corduroy / 100% Cotton Denim Outer   65% Polyester / 35% Cotton Inner   Filled with Polyester staple fibre and Polyethylene HDPE beads	100% Polyester Fleece / 100% Cotton Corduroy Outer   65% Polyester / 35% Cotton Inner   Filled with Polyester staple fibre and Polyethylene HDPE beads
<p><b>Care Instructions</b></p> <p>Gentle hand wash in cold water with a mild detergent. Do not machine wash. Do not use fabric softener or bleach. Air dry at room temperature. Do not tumble dry. Alternatively surface clean with a damp cloth and mild detergent.</p>		

## Good to know:

- **Weighted Lap Pals**
  - Weight – 1.2kg.
  - Dimensions – (L) 48cm x (W) 30cm.
- **Weighted Tactile Snake**
  - Weight – 1.25kg.
  - Dimensions – (L) 100cm.
- **Weighted Sensory Snake**
  - Weight – 1.5kg.
  - Dimensions – (L) 140cm.

## Good for:



Calming and Relaxing.  
Reducing the need for repetitive sensory seeking



Improving state of wellbeing.  
Enabling self-regulation



Improving concentration, focus & attention.  
Improving body awareness



Safe and non-invasive therapeutic solution

## How to Use:

- The Weighted Lap Pal is designed to be draped across the upper legs whilst seated.
- The Weighted Snake is designed to be draped across the shoulders, over the upper legs or across the body whilst seated.
- Plan how you will introduce the Weighted Lap Pal or Snake to the user. As a guide, the Weighted Lap Pal or Snake should be used for approximately 20-40 minutes at a time and then removed for the same period before it is used again. (Consult with an OT for individual guidance).
- Initially we recommend short periods (10-15 minutes) building up the length of use and the occasions you choose to use the Weighted Lap Pal or Snake.
- Ensure that the user is consistently comfortable and content with the deep pressure they experience.

## Ideal for:



Education or Home Study



Dining



Chill-Out Time



Home or Residential Setting



Travelling



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